

**North District Cross Country Relay Championships**  
**Senior/Junior Women**

**Team Medal Analysis**  
**1992-3 to 2023-4**

|    |           |             |    |         |             |   |        |             |
|----|-----------|-------------|----|---------|-------------|---|--------|-------------|
| 19 | 2019-20   | Inverness H | 11 | 2023-4  | Inverness H | 2 | 2015-6 | Inverness H |
|    | 2018-9    | Inverness H |    | 2002-3  | Inverness H |   | 2010-1 | Inverness H |
|    | 2016-7    | Inverness H |    | 1997-8  | Inverness H |   |        |             |
|    | 2014-5    | Inverness H |    | 1996-7  | Inverness H |   |        |             |
|    | 2013-4    | Inverness H |    | 1994-5  | Inverness H |   |        |             |
|    | 2012-3    | Inverness H |    | 1993-4  | Inverness H |   |        |             |
|    | 2011-2    | Inverness H |    | 2009-10 | Inverness H |   |        |             |
|    | 2008-9    | Inverness H |    | 2005-6  | Inverness H |   |        |             |
|    | 2007-8    | Inverness H |    | 2004-5  | Inverness H |   |        |             |
|    | 2006-7    | Inverness H |    | 2001-2  | Inverness H |   |        |             |
|    | 1999-2000 | Inverness H |    | 2000-1  | Inverness H |   |        |             |
|    | 1998-9    | Inverness H |    |         |             |   |        |             |
|    | 1995-6    | Inverness H |    |         |             |   |        |             |
|    | 2010-1    | Inverness H |    |         |             |   |        |             |
|    | 2009-10   | Inverness H |    |         |             |   |        |             |
|    | 2005-6    | Inverness H |    |         |             |   |        |             |
|    | 2004-5    | Inverness H |    |         |             |   |        |             |
|    | 2001-2    | Inverness H |    |         |             |   |        |             |
|    | 2000-1    | Inverness H |    |         |             |   |        |             |

|   |        |          |   |           |          |    |         |          |
|---|--------|----------|---|-----------|----------|----|---------|----------|
| 5 | 2023-4 | Moray RR | 9 | 2024-5    | Moray RR | 13 | 2022-3  | Moray RR |
|   | 2017-8 | Moray RR |   | 2021-2    | Moray RR |    | 2019-20 | Moray RR |
|   | 2003-4 | Moray RR |   | 2018-9    | Moray RR |    | 2011-2  | Moray RR |
|   | 1996-7 | Moray RR |   | 2013-4    | Moray RR |    | 2004-5  | Moray RR |
|   | 1992-3 | Moray RR |   | 2010-1    | Moray RR |    | 2001-2  | Moray RR |
|   |        |          |   | 2008-9    | Moray RR |    | 2000-1  | Moray RR |
|   |        |          |   | 1999-2000 | Moray RR |    | 1997-8  | Moray RR |

|        |          |
|--------|----------|
| 1998-9 | Moray RR |
| 1995-6 | Moray RR |

|        |          |
|--------|----------|
| 1994-5 | Moray RR |
| 1993-4 | Moray RR |
| 2003-4 | Moray RR |
| 1998-9 | Moray RR |
| 1996-7 | Moray RR |
| 1995-6 | Moray RR |

|   |         |             |   |         |             |   |        |             |
|---|---------|-------------|---|---------|-------------|---|--------|-------------|
| 2 | 2024-5  | Highland HR | 6 | 2025-6  | Highland HR | 4 | 2024-5 | Highland HR |
|   | 2019-20 | Highland HR |   | 2019-20 | Highland HR |   | 2018-9 | Highland HR |
|   |         |             |   | 2017-8  | Highland HR |   | 2016-7 | Highland HR |
|   |         |             |   | 2015-6  | Highland HR |   | 2012-3 | Highland HR |
|   |         |             |   | 2014-5  | Highland HR |   |        |             |
|   |         |             |   | 2006-7  | Highland HR |   |        |             |

|   |        |                          |   |        |                          |
|---|--------|--------------------------|---|--------|--------------------------|
| 2 | 1994-5 | Minolta Black Island AAC | 1 | 1992-3 | Minolta Black Island AAC |
|   | 1993-4 | Minolta Black Island AAC |   |        |                          |

|   |        |          |   |        |          |   |        |          |
|---|--------|----------|---|--------|----------|---|--------|----------|
| 1 | 2015-6 | Forres H | 4 | 2016-7 | Forres H | 4 | 2021-2 | Forres H |
|   |        |          |   | 2012-3 | Forres H |   | 2017-8 | Forres H |
|   |        |          |   | 2011-2 | Forres H |   | 2008-9 | Forres H |
|   |        |          |   | 2003-4 | Forres H |   | 2005-6 | Forres H |

|   |        |                |   |        |                |
|---|--------|----------------|---|--------|----------------|
| 1 | 2021-2 | Ross County AC | 1 | 2022-3 | Ross County AC |
|---|--------|----------------|---|--------|----------------|

|   |        |                |
|---|--------|----------------|
| 1 | 1997-8 | Fraserburgh RC |
|---|--------|----------------|

|   |        |                |
|---|--------|----------------|
| 1 | 1992-3 | Fraserburgh RC |
|---|--------|----------------|

|   |        |             |
|---|--------|-------------|
| 1 | 2002-3 | Lochaber AC |
|---|--------|-------------|

|   |        |              |
|---|--------|--------------|
| 1 | 2025-6 | Orkney AC&RC |
|---|--------|--------------|

|   |        |               |
|---|--------|---------------|
| 2 | 2025-6 | Stornoway RAC |
|   | 2014-5 | Stornoway RAC |

|   |        |          |
|---|--------|----------|
| 1 | 2002-3 | Nairn RR |
|---|--------|----------|